

OCCUPATIONAL HEALTH

Available at Penn Highlands Healthcare



Helping Keep Your Employees Safe and Healthy

Penn Highlands Healthcare is pleased to offer **Occupational Health Services** to help local companies manage the health and well-being of their employees. Many companies face government mandates by OSHA, the Department of Transportation or other regulatory bodies that focus on workplace safety. Our team is here to help companies understand and implement these safety protocols. We offer full-service locations in Belle Vernon, Clearfield and Ridgway and additional services are offered throughout our other service areas.

We are experts in meeting government regulations, but more than that: we care about our local workforce.

BELLE VERNON

Mon Valley HealthPlex

800 Plaza Drive, Belle Vernon, PA

Monday - Friday

8:00 AM - 4:00 PM

724-379-1940 for appointment

Full Service

Medical Exams

- Pre-placement
- Respirator Clearance Exams
- Return-to-Work Physicals
- Fitness-for-Duty Physicals Medical Surveillance Physicals/OSHA
- Department of Transportation (DOT)
- Physical Capability Screens
- Independent Medical Exams, Utilization Reviews, FMLA Reviews

Routine Medical Services

- All Aspects of Injury Treatment and Management
- Blood Draw Station Services
- Routine ECG
- Hearing Testing
- Pulmonary Function Testing
- Respirator Fit Testing
- Breath Alcohol Testing
- Hair Drug Testing
- DOT and Non-DOT Urine Drug Testing
- Medical Review Officer Services
- Immunizations and Vaccinations (Selected)
- Vision and Color Vision Testing

Worksite

- Immunizations
- Drug Screen Collections
- Health Fairs
- Worksite Visits and Analysis

BROOKVILLE

QCare Brookville

88 Hospital Road, Brookville, PA
Monday - Friday, Walk in or Appt
8:30 AM - 4:00 PM
814-849-1874 for appointment

Services

- Physicals
- DOT Physicals
- Work Related Injury
- Drug & Alcohol testing: urine and hair sampling
- Vision Testing
- Immunizations

CLARION

QCare Clarion

265 Holiday Inn Road, Route 68,
Clarion, PA
Monday & Wednesday, By Appt Only
8:30 AM - 4:30 PM
Tuesday, Thursday Walk in or Appt
8:30 AM - 4:30 PM
Friday, Walk in or Appt
8:30 AM - 3:00 PM
814-297-8848 for appointment

Services

- Physicals
- DOT Physicals
- Work Related Injury
- Drug & Alcohol testing: urine, breath alcohol and hair sampling
- Vision Testing
- Immunizations

CLEARFIELD

QCare Clearfield

1900 River Road, Clearfield, PA
Monday - Saturday
8:00 AM - 8:00 PM
Sunday - 9:00 AM - 5:00 PM
814-765-0221 for appointment

Full service

- Physicals
- DOT physicals
- Work-related injuries
- Return-to-work services
- Drug and alcohol testing: urine, breath alcohol, hair sampling
- Vision testing
- Audiometric testing
- Nursing services
- X-rays
- EKGs
- Respiratory testing (pulmonary function)

- Respirator fit testing
- Immunizations: flu shots, Hepatitis B, tetanus/diphtheria pertussis, titers for MMR and Varicella
- Health screenings: thyroid, PSA, Vitamin D, A1C, lipid panel, bone density, BMI and blood pressure
- Lunch and learn educational topics
- Job-specific education and training:
 - CPR training and certification
 - First aid training and certification
 - Bloodborne pathogen training
 - Proper lifting techniques

DUBOIS

QCare DuBois

621 S. Main Street, DuBois, PA
Monday - Saturday
8:00 AM - 8:00 PM
Sunday - 9:00 AM - 5:00 PM
814-299-7520 for appointment

Services

- DOT physicals
- Work-related Injuries

PHILIPSBURG

QCare Moshannon Valley

271 Railroad Street, Philipsburg, PA
Monday - Saturday
8:00 AM - 8:00 PM
Sunday - 9:00 AM - 5:00 PM
Walk-in No Appointment Needed
814-342-1170

Services

- DOT physicals
- Work-related Injuries

PUNXSUTAWNEY

QCare Punxsutawney

21911 Route 119, Punxsutawney, PA
Monday - Saturday
9:00 AM - 7:00 PM
Walk-in No Appointment Needed
814-249-7001

Services

- DOT physicals
- Work-related Injuries

RIDGWAY

Ridgway Community Medical Building

250 West Main Street
Ridgway, PA 15853
Monday - Friday
8:00 AM - 4:00 PM
814-788-5647 for appointment

Full service

- Physicals
- DOT physicals
- Return-to-work services
- Drug and alcohol testing: urine, breath alcohol, hair sampling
- Vision testing
- Audiometric testing
- Nursing services
- X-rays
- Respiratory testing (pulmonary function)
- Respirator fit testing
- Immunizations: flu shots, Hepatitis B, tetanus/diphtheria pertussis, titers for MMR and Varicella
- Health screenings: thyroid, PSA, Vitamin D, A1C, lipid panel, bone density, BMI and blood pressure
- Rehabilitation services: work hardening, ergonomics, functional capacity testing, post offer job function testing
- Lunch and learn educational topics
- Job-specific education and training:
 - CPR training and certification
 - First aid training and certification
 - Bloodborne pathogen training
 - Proper lifting techniques

ST. MARYS

QCare St. Marys

761 Johnsonburg Road, St. Marys, PA
Monday - Saturday
8:00 AM - 8:00 PM
Sunday - 9:00 AM - 5:00 PM
Walk-in No Appointment Needed
814-788-8777

Services

- DOT physicals
- Work-related Injuries