



# JOSIE CARTWRIGHT, MSN, CRNP, FNP-BC

## PLASTIC, RECONSTRUCTIVE AND COSMETIC

Josie Cartwright, board certified Family Nurse Practitioner, sees patients alongside Dr. Ryan Rice at Penn Highlands Plastic, Reconstructive and Cosmetic Surgery. She provides non-invasive cosmetic treatments, including laser skin treatments and injectables, as well as evaluation and management of skin lesions, hand conditions such as carpal tunnel syndrome, trigger finger and Dupuytren's contracture. She assists Dr. Rice in the Operating Room with surgical procedures and offers 3D nipple tattooing to breast cancer survivors undergoing breast reconstruction.

**Education** – Bachelor of Science, Nursing, Penn State University, State College, PA; and a Master of Science in Nursing, Simmons College, Boston, MA

**Certification** - Family Nurse Practitioner by the American Nurses Credentialing Center

### COMMON TREATMENTS AND PROCEDURES INCLUDE:

- Evaluation, pre- and post-operative management of carpal tunnel syndrome, ulnar neuropathy
- Evaluation of stenosing tenosynovitis and trigger finger injections
- Evaluation and management of Dupuytren's contracture
- Dermal filler injections - Injections- Juvederm, Restylane, Bellafill
- Neurotoxin injections - Botox, Dysport and Jeuveau
- Laser skin treatments, Acne laser treatment, dyschromia (brown spot) and vascular lesions, laser hair reduction, micro-laser peel, facial rejuvenation
- 3D nipple tattooing
- Skin care products

To find out more about the Plastic, Reconstructive and Cosmetic Surgery services at Penn Highlands Healthcare, visit [www.phhealthcare.org/plastic](http://www.phhealthcare.org/plastic).

### PENN HIGHLANDS PLASTIC, RECONSTRUCTIVE AND COSMETIC SURGERY

A Service of Penn Highlands DuBois

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Accepting major insurances.